

# KU Fit-Recreation Services

## TGIF -instructor rotations

Fridays, 5:30 pm

<b>Date</b>	<b>Session Name</b>	<b>Instructor</b>
<b>1/25</b>	321 Jump!	Rachel
<b>2/1</b>	Zumba	Victoria
<b>2/8</b>	Just Lift.	Melanie
<b>2/15</b>	20/20/20	Ann
<b>2/22</b>	Yoga	Amanda P.
<b>2/29</b>	Cardio Kick Box	Heather
<b>3/7</b>	Just Lift	Jennifer
<b>3/14</b>	NO CLASS – spring break!	NO CLASS- spring break!
<b>3/21</b>	NO CLASS – spring break!	NO CLASS – spring break!
<b>3/28</b>	Zumba	Victoria
<b>4/4</b>	Just Lift.	Melanie
<b>4/11</b>	Partner Yoga	Brandon & Tai
<b>4/18</b>	Cardio Dance Party	Amber
<b>4/25</b>	Cardio X-Train	Ann
<b>5/2</b>	Yoga + Pilates	Amanda
<b>5/9</b>	Zumba	Victoria